

# WHAT ARE SATS?

## A PARENTS' GUIDE TO THE END OF PRIMARY SCHOOL

SATs (Standard Assessment Tests) are official exams taken by Year 6 students in England to assess their knowledge and understanding of the primary school curriculum. These results help inform secondary schools about students' academic readiness and are an important milestone in a child's education.



Free tips to help your child prepare for SATs and transition smoothly to high school.

### SPaG (Spelling, Punctuation, and Grammar) Paper:

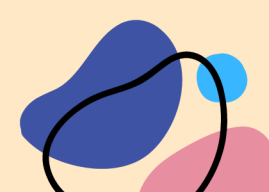
**Content:** A separate test focusing on spelling, punctuation, and grammar.

**What's Tested:**  
**Spelling:** Commonly used words and tricky spellings.

**Punctuation:** Correct use of commas, apostrophes, and other punctuation marks.

**Grammar:** Sentence structure, verb tenses, and parts of speech.

**Tip:** Practice spelling and grammar through everyday writing, such as keeping a journal or writing short stories.



## Maths Papers:

Content: Arithmetic, reasoning, and problem-solving.  
What's Tested:

Arithmetic (1 paper): Mental calculations and written methods.

Reasoning (2 papers): Applying maths concepts to real-life situations.

Tip: Regular practice with times tables and word problems helps build confidence!



## Reading Paper:

Content: Reading comprehension, spelling, punctuation, and grammar.

What's Tested:

Reading: Understanding and analyzing texts.

Grammar: Sentence structure, punctuation, and vocabulary.

Tip: Encourage your child to read regularly and practice spelling with fun games!

# SATS PREPARATION

✓ Little and Often - Short, regular practice is more effective than last-minute cramming. Encourage your child to do a little bit each day rather than long, stressful sessions.

✓ Make it Fun - Use games, apps, and challenges to make learning more enjoyable. Times Table Rockstars, BBC Bitesize, and spelling games can all help keep revision engaging.

✓ Practice Under Test Conditions - Try doing past SATs papers in timed conditions so your child gets used to the format and timing. This builds confidence and reduces nerves.

✓ Focus on Key Skills - For maths, ensure your child is secure with times tables, arithmetic methods, and problem-solving strategies. For English, focus on comprehension skills, grammar rules, and spelling patterns.

✓ Use Past Papers Wisely - Past SATs papers are a great way to practice, but don't overuse them. Instead, focus on identifying areas for improvement and working on those gaps.

✓ Talk Through Mistakes - Go through errors together. Help your child understand why an answer was incorrect and how to approach it differently.

# TRANSITION TO HIGH SCHOOL

✔ Build Stamina - SATs week involves multiple tests in a short time, so encourage your child to work through tasks without giving up. Gradually increasing focus time will help with this.

✔ Encourage Good Reading Habits - Reading regularly boosts comprehension skills, vocabulary, and writing ability. Encourage reading a mix of fiction, non-fiction, and newspaper articles.

✔ Stay Positive - SATs are important, but they don't define your child's ability or future success. Reassure them that their effort is what truly matters.

✔ Look After Wellbeing - Plenty of sleep, fresh air, and breaks from screens all help with concentration and confidence. A relaxed and well-rested child will perform better than a stressed one.

By keeping preparation stress-free and consistent, your child will feel more confident for SATs week! 🎯

Monday - SPAG (45mins) & 20 spellings

Tuesday - Reading (1 hour)

Wednesday - Maths Arithmetic (30mins) & Maths Reasoning (40mins)

Thursday - Maths Reasoning (40mins)

✍ Writing Assessments are completed within class time

\*your child may be entitled to 25% extra time if they have a special educational need.

The transition from primary school to high school can be a big change for children. It's not just about moving to a new building—it's about adapting to new routines, meeting new friends, and handling increased academic challenges. The more prepared your child is for this change, the smoother their experience will be!

## 1) Familiarise with the New Environment:

- Many schools offer taster days or induction sessions for Year 6 students to visit their new high school and meet teachers and classmates. Your child might also be entitled to an 'Enhanced Transition'.
- Tip: Attend any offered sessions to help your child feel more comfortable in their new environment before term starts.



## 2) Develop Time Management Skills:

- High school involves managing a larger workload and a timetable with multiple subjects.
- Tip: Encourage your child to keep a planner or use a calendar to track homework, projects, and extra-curricular activities.

## 3) Build Confidence in Social Situations:

- Starting high school often means new friendships and dealing with different social dynamics.
- Tip: Teach your child how to make new friends by encouraging them to join activities, sports teams, or after-school clubs.

## 4) Emotional Well-being:

- High school can bring emotional challenges like managing new routines or facing peer pressure.
- Tip: Talk to your child about their feelings and encourage open communication. Reassure them that it's okay to feel nervous about change.

Year 6 isn't just about SATs and preparing for high school—it's also a time to celebrate achievements, create lasting memories, and enjoy the final months of primary school. Encouraging your child to embrace this time, while balancing fun with learning, helps them leave primary school feeling confident and excited for the next chapter. Parents can support this by celebrating progress, attending school events, and cherishing these special moments together.

## HOW I CAN HELP

At David's Tutoring Hub, my goal is to make learning engaging, effective, and stress-free. I provide expert group online tuition designed to build confidence, strengthen key skills, and prepare your child for SATs and the transition to high school.

- ✓ Expert Support-With over 15 years of teaching experience, including 10 years in Year 6, I know what it takes to help children succeed.
- ✓ Focused Group Learning - Small group sessions allow children to learn from each other, develop problem-solving skills, and stay motivated.
- ✓ Interactive & Engaging - Sessions are designed to be fun, with plenty of opportunities to ask questions, practice key skills, and build confidence.

✓ Beyond the Sessions - I offer free drop-in sessions during school holidays and free parent webinars throughout the year.

✓ Proven Strategies - I use tried-and-tested methods to help children achieve mastery.

### ★ Next Steps ★

If you'd like to learn more about how I can support your child, feel free to get in touch! I'd love to chat and see if my sessions are the right fit for your family.



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